



FACT SHEET

Crisis Intervention Services – Hudson County

Located at 152 Central Avenue, Jersey City, NJ 07306

Phone: (201) 885-2539 Fax: (201)-885-2546

We are also available by phone after hours at 201-885-2539.

Bridgeway Crisis Intervention Services (BCIS) program provides crisis intervention and support to Hudson County residents age 18 and older who are experiencing a mental health crisis or worsening of a mental health disorder. The goal is to help people in crisis gain control of their symptoms and remain in the community as an alternative to going to the emergency room.

The BCIS promotes integration of mental health, addictions and primary care through a three step process. First, the multidisciplinary team comprehensively assesses all enrollees for co-occurring mental illness, substance abuse and medical issues. Second, the team provides clinical case management and brief integrated interventions for co-occurring disorders. Lastly, the BCIS partners with mental health outpatient centers and community based agencies to ensure that rapid referral and linkages take place and that integrated treatment continues successfully after discharge from the BCIS program.

Services Include:

- crisis stabilization
- group and one-on-one counseling
- treatment planning
- illness management
- linkages and referrals
- after-care planning

A team of Wellness Specialists, Licensed Clinicians, Psychiatric Advance Practice Nurses, and a Psychiatrist are available to assist individuals during this time. In addition, psychiatric evaluations and medication are available when determined appropriate. The time period for services varies based on the individual. For some, one or two visits are sufficient, while for others the maximum enrollment period of 30 days is beneficial. The majority of services are provided on-site, but community outreach is available when necessary.

Referrals are accepted by phone as well as walk-ins during hours of operation which are Monday-Friday from 9am-8pm and Saturday and Sunday from 10am -6pm. We are also available by phone after hours at: 201-885-2539.

Bridgeway Crisis Intervention Services accepts many third-party insurance coverages, Medicare and Medicaid. We also provide assistance for those who have financial difficulties.