



## **FACT SHEET**

### **Bridge to Wellness – Primary Care**

Call 908-917-7791 to set up your initial appointment

The Bridge to Wellness Integrated Care program began as an extension of the psychiatric rehabilitation programming because many of the people we serve lack access to critical, life-saving primary care due to a variety of barriers. Our goal is to eliminate those barriers, reduce hospitalizations, and save lives.

We have two health professionals who will meet you at the location that is best for you. A licensed advanced practice nurse (APN), with more than 20 years of experience in community based primary care, and a bi-lingual licensed practical nurse (LPN) who specializes in wellness planning and activities.

Three easily accessible exam rooms locations:

- 1.) Partial Care Building, 567 Morris Ave., Elizabeth, NJ 07208
- 2.) PACT Office, 18 Roosevelt Ave., Plainfield, NJ 07060
- 3.) RIST Office, 20 King Georges Rd., Fords, NJ 08863

Bridge to Wellness services include:

- Physical Exams
- Diagnosis and treatment for a wide range of medical conditions including: Diabetes, Hypertension, and Obesity

We also offer:

- Vaccines
- On site lab services
- Wellness programs
- Health Education
- Pap Smears
- Referrals to Specialists, such as: Cardiologist, Neurologist, Gynecologist and others

\*Please note - With participants' permission only, we will coordinate with specialists and other healthcare providers